



presents

National All Rounder Championship

1 May 2021 - 31 July 2021

Self-Learning Manual: Activity 06

Creativity and Imagination:

Classical Singing

Age: 3 years



Activity description

Indian classical singing as 2 forms: Hindustani & Carnatic. This activity is to introduce the child to Hindustani Classical Singing.

Sa-Re-Ga-Ma-Pa-Dha-Ni-Sa comprises the Hindustani Sargam. It can be recited in this basic format or also, in multiple different versions of the same e.g. Sa-Sa-Re-Re-Ga-Ga-Ma-Ma-Pa-Pa-Dha-Dha-Ni-Ni-Sa-Sa or Sa-Re-Ga, Re-Ga-Ma, Ga-Ma-Pa, Ma-Pa-Dha, Pa-Dha-Ni, Dha-Ni-Sa. Each such version is called an Alankar. Reciting it forward is called "Aaroh" & reciting it backward is called "Aavroh".

Reciting an Alankar correctly & melodiously involves reciting the words correctly, in right sequence & pattern, at same tempo i.e. same volume, right pitch & speed. The child is required to recite Alankar(s).

The web-sources section has 1st link as a Link which has 8 Alankars. Each Alankar has an "Aaroh" & "Aavroh". There are additional videos to teach recitation as well in addition to 1st video (main).

The child is required to sing the "Aaroh" of "Alankar No. 1" correctly & melodiously. The entire video has to be shot at one go i.e. part recording & video editing is not allowed.

Whenever the child is ready, record the video of the child reciting the Alankar as instructed & submit.

Assessment guidelines

The total non-bonus points for this activity is 30. Every submission would be rated as either of below.

M = Master (100%)	The child can recite the "Aaroh" of the "Alankar" No. 1 correctly & melodiously covering all the 8 sounds/notes
The child can recite the "Aaroh" of the "Alankar" No. 1 partially covering 6 sounds/notes	I = Intermediate (80%)
B = Beginner (50%)	The child can recite the "Aaroh" of the "Alankar" No. 1 partially covering 4 sounds/notes
For participating in the event & making an event relevant submission which does not meet assessment guidelines for M, I or B.	A = Aspirant (25%)
NA (Not applicable)	No submissions or any submission which is irrelevant for the activity.

50% bonus marks: If the child securing an M can recite the "Aaroh" & the "Aavroh" of the "Alankar" no. 1 completely & melodiously in less than 20 seconds

Expert coach speaks

Hindustani music emphasizes improvisation and exploration of all aspects of a raga, while Carnatic performances tend to be short composition-based. The two systems continue to have more common features than differences.

In Indian classical music the space between the notes is often more important than the notes themselves. If you want to sing well, there is simply no substitute to methodically learning the basics of Sargam, Alankar, Raag, Aalaap, Taan and Taal.



Key benefits of this activity

The activity benefits in many ways:

- Improves voice quality & texture
- Teaches voice modulation
- Teaches expression of emotion
- Improves personality as more calm, balanced & peaceful
- Improves brain functioning (both sides of brain)
- Improves concentration & patience

Common mistakes to avoid

- Not breathing correctly
- Voice breaks on high note
- Not enough practice
- Neck & shoulder muscles are not relaxed
- Understanding of basics limited (spacing, rhythm, notes, scale etc.)

Useful web resources

- [Activity Alankars](#)
- [Learn Indian Classical: Video 1](#)
- [Learn Indian Classical: Video 2](#)
- [Learn Indian Classical: Video 3](#)
- [Learn Indian Classical: Video 4](#)
- [Learn Indian Classical: Video 5](#)
- [Learn Indian Classical: Video 6](#)
- [2 year old child music knowledge](#)
- [Toddler music knowledge](#)
- [Ted Talk on Music Identity](#)

Submissions start 11th May 2021. To submit your entry, visit our website (www.kid-ex.com). For any queries, email us at info@kid-ex.com.

Keep learning! Keep growing! Stay happy! Be successful!