

KidEx Do-It-Yourself National Challenge 2020

Activity description and self-learning manual

Activity: Sketch a face from a picture | Creativity & imagination | 12-17 years

Skill development milestone

11-13 years: The age of reason, ideas in search of forms, and artistic challenges.

The central theme in the child's art and expression is ideas in search of form. Their art includes proportions, three-dimensional space, realistic colors. The key transition is in terms of understanding of materials.

14-17 years: The period of decision, more ideas in search of forms, and artistic thinking.

Art is motivated by meaning. Their artistic expression includes inspiration by emotions, social issues, and improving skill. The key transition is that there is personal voice in the child's artistic expression.

Activity description

The child needs to sketch & pencil shade face of a human being from any picture at home.

Your child needs to find any picture at house (hard copy) in which at least 50% of the image area is the face of any one person and is visible clearly. A portrait shot of a person would be the best. The child needs to sketch and pencil shade the face using pencils only. Encourage them to read and understand why and how they can use different strokes and vary pressure to give more details to the artwork. You can take help from online resources to get facial features right.

The child can work on it for a few days. They might not get it perfectly right at first. With practice, they will be able to create artworks they are happy with and show good sketching & pencil shading skills. When you feel that the child has completed the activity successfully, you should take a picture of the artwork and the reference picture next to it. This will clearly show what the child has achieved by sketching.

The image(s) should be submitted as an entry as per submission guidelines. You may share the artwork with family, relatives & close friends as desired by you. Or post the videos on social media, if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Submission guidelines

1. You have to send the image of a face sketched by your child kept next to the reference picture
2. Keep the total file size less than 20 MB
3. You can upload the files(s) at <https://www.kid-ex.com/diy-nc> (if total file size > 20 MB)
4. You can mail the file(s) to us at info@kid-ex.com (if total file size < 20 MB)
5. Please mention child's name, registered contact number & activity number in mail subject while submitting the file (Example: Veehan Saraf, 9654138862, Activity 1)
6. Kindly ensure you have registered for the event for us to assess the submission. If not registered, please visit <https://bit.ly/KidExDIYchallenge> to register. New registrations allowed till 15th May.

Self-learning manual

Common mistake and things to keep in mind in this activity are:

1. Child is not in the right mindset while learning. They will learn and enjoy the process if they are in a happy mood.
2. The child is comfortable with free-hand drawing but lacks focus to pursue precision
3. The child is not able to maintain relative sizes of the face's different parts.
4. The child does not understand the concept of pencil shading or applies it incorrectly

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5. The parent gets discouraged after initial “non-visually appealing” outcome as per “grown-up standards”.

Encourage the child to draw shapes & objects using free hand & focus first on creating the broad construct rather than getting each & every shape right. Once the child can complete this, encourage the child to observe which parts of the object seem out of shape e.g. too thin, too fat etc. Ask the child to erase the disproportionate shape & re-draw. As the child re-draws, guide the child to observe hard & soft drawing skills to improve erasing with no marks on the sheet. Let the child re-draw the missing shape & improve the drawing till the child has perfected the same.

Encourage the child to read about concepts of pencil shading – what is the right gradient, which side to pencil shade & to what extent & why. And then, practice the same.

Reference: <https://www.youtube.com/playlist?list=PL39135B8D190B7C97>

They should see this activity as a relaxing and fun way to express themselves. Encourage them to observe colors, lines, perspective, shape and form. They can learn about various colors, shades and hues through this activity. Coloring is an excellent medium of expression. Children often express their personality through drawing and coloring.

Do not be discouraged if the child does not get it right at first.

Key benefits of this exercise are:

1. Stimulates creativity: A child makes an imaginary world in his mind before drawing the picture on the sheet
2. Self-expression: Some children like to express themselves through words, while some use the form art.
You can tell a lot about a person by the colors he uses and the image he draws.
3. Improves Handwriting: Children need hand strength and dexterity to manipulate a pencil on a paper.
Their grip on the crayon or pencil also affects their penmanship
4. Hand eye coordination: Coloring diagrams require your kids to color within the specified area
5. Relaxation and patience: It allow your children to be relaxed and comfortable while creating a piece of art
6. Sense of accomplishment: When child finishes coloring a page or drawing something
7. Focus: Children who spend their time coloring and drawing have better concentrations and focus skills
8. Knowledge: Coloring or drawing a picture can help your children to recognize line, perspective, color, hue, shape and form.
Your children also learn to recognize patterns.
9. Therapeutic: Coloring and sketching is proven therapeutic for some kids, especially if they do it frequently. They vent their feelings, frustrations and other emotions through their artworks.

Entry evaluation guidelines

The maximum point for this activity is 30. Every entry would be rated as either:

1. Master (M): 100% score
 - a. The child can sketch & pencil shade the face with majority facial features neatly and correctly.
2. Intermediate (I): 80% score
 - a. The child can sketch the face with majority facial features neatly and correctly though pencil shading is not great.
3. Beginner (B): 50% score
 - a. The child can sketch the face with some resemblance (half face) to the original picture but not very distinct
4. Not applicable (NA): 0% score
 - a. All other submission cases.
 - b. No submission.

For any queries, you may Whatsapp us at +91-7303755886 or email us at info@kid-ex.com.

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About KidEx

KidEx is a company founded by Kapish Saraf & Amritanshu Kumar (IIT Kharagpur & IIM Calcutta alumnus). KidEx aims to create a platform to enable holistic & comprehensive development of every child by partnering with their parents in a logistically convenient manner for the parents. KidEx offers multiple extra-curricular activity classes for kids in physical & digital form (basis screen time guidelines) to enable child's holistic development. Live classes include: Chess, Arts, Mandarin, Spanish, French, German, Guitar, Movie-Making. Upcoming classes include: Academics, Robotics, Coding, Dramatics, multiple Dance & Music, Social Etiquette etc. KidEx will offer all learning solutions to parents under one umbrella. KidEx would soon launch a suite of digital products aimed at making child-raising easier & more fun for parents.

About KidEx Do-It-Yourself National Challenge

The event is an effort to spread awareness regarding need for all rounded development of the child. This is also, designed keeping in mind the current external scenarios where lockdown/no lockdown, social distancing practices would continue & schools/colleges might be shut for a few months which would require parents to find non-screen time learning opportunities for the child while demanding lesser time for parents allowing them some breathing space for themselves.

The event is open to all Indian citizens in India or abroad across age groups of 3 to 17 years. Basis the submitted entries, for every age, a leader board would be created & declared.

Prizes & certificates

We will conduct two versions of the event for all interested parents. Parents can decide whether they want their child to participate in the paid version or the free version of the event. Entry charge for paid version of the event is INR 500 for every child.

Paid version participants would be eligible for:

1. Prizes for winners across all age category
 - a. Number of winners linked to number of paid version participants
 - b. 50% of registration fees to be distributed as prize to winners
2. Winner & participation certificates
3. Assessment score for every submitted entry & leader board position summary

Free version participants would be eligible for:

1. Assessment score for every submitted entry

Even participants interested in paid version would be required to pay the amount after 7th May allowing them opportunity to participate first & then, decide.