Activity description and self-learning manual

KidEx Do-It-Yourself National Challenge 2020

Activity 16: Record a video of the child sharing his/her views on Corona

7-17 years

Cognitive skills



Ask the child to debate on the topic: "Coronavirus will do more favour to the world than damage"

The child his expected to debate both for against the topic

- -7 to 8 years: 30 seconds each
- 9 to 17 years: 1 minute each

Record the video of child sharing his/her views

Submit as per guidelines in the manual

www.kid-ex.com

Image source: Post-Crescent

Activity: Record a video of the child sharing his/her views on Corona | Cognitive skills | 12 to 17 years

Skill development milestone

By the end of teenage, they attain cognitive maturity—the ability to make decisions based on knowledge of options and their consequences. Overall, they develop more complex cognitive skills. They can generate and test hypotheses systematically. They continue to be influenced by peers. Teen has a truer moral compass, or at least a more solid idea of what he/she feels is right or wrong. They build skills to become self-sufficient.

Teenagers can classify & order objects, reverse processes. They can think logically about concrete objects. They can consider more than one perspective at a time. Teen keenly tunes in to others' verbal and body language and reads facial expressions. They benefit from direct experiences than from abstract ideas/principles. Teen tells and writes involved, colorful stories. They are better able to explain, describe, sum up, and argue.

They can think hypothetically: calculate consequences of thoughts and actions without experiencing them. This makes their decision making refined. They consider several possibilities and plan behavior accordingly. They think logically: identify and reject hypotheses or possible outcomes based on logic. Systematic problem solving is exhibited by teens as they can attack a problem, consider multiple solutions, plan a course of action.

Cognitive development is uneven and impacted by emotionality. This is due to the drastic changes that follow puberty. This is a good time to talk about mental health. Your child is also becoming a deeper thinker, able to understand concepts, not just concrete things. He/she can think more long-term, and to set goals for him/herself. They speak in longer, more complex sentences. They are eager to enter heated arguments and discussions with you. They seem to communicate less at times and Are developing strong likes and dislikes. They do understand the effects of their behavior.

Teens use sarcasm and humor. Children at this age are like sponges, ready to absorb huge amounts of information. They are becoming interested in politics, philosophy and social issues. They often show a high interest in extracurricular activities. You should urge your child to express himself/herself with sports, theater, art, or music.

Child will get better at organizing himself/herself as they juggle school, activities, and work. But there is more responsibility and more stress related to classes, assignments, and juggling after-school activities, all while dealing with friends, increased expectations, and lots of distractions. Sometimes attention issues or learning problems show up now because of the more difficult demands of schoolwork in higher grades. They start to set goals for the future. Their goals will be a little more realistic, and they will have a better idea of what they want to be.

They do respond to media messages but develop increasing ability to analyze those messages. Teenagers should be mindful about internet safety. Your child should control his personal information and deny access by people he does not know or can't place.

Activity description

The child needs to debate on the topic "Corona Virus will do more favor to the world than damage."

The child is required to debate on the topic both in favor of the motion & against the motion. The child has to speak for 60 seconds for each. The child should first speak for the side for which the child feels strongly followed by the other house. In the second case, the child is required to strongly counter at least three points presented in the first commentary on the topic.

Let the child practice this for a few days.

When you feel that the child is ready to record his message, record a video of the child sharing his/her views.

The video should be submitted as an entry as per submission guidelines.

You may share the video with family (1st circle), relatives & close friends (2nd circle) or acquaintances (3rd circle) as desired by you. Or post the videos on social media (public), if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Submission guidelines

- 1. You can record one common video of the child for this activity
- 2. Keep the total video size less than 20 MB
 - a. Higher resolution camera creates large size video files
 - b. Android users can install & use Camera MX player to record smaller size video files
 - i. Camera MX player can be downloaded from here
 - c. Iphone users should change resolution setting by going to Settings -> Camera & selecting lowest resolution from "Record Video" option
- 3. You can upload the video file at https://www.kid-ex.com/diy-nc
- 4. Kindly ensure you have registered for the event for us to assess the submission. If not registered, please visit https://www.kid-ex.com/diy-reg to register. New registrations allowed till 30th May.

Self-learning manual

Common mistake and things to keep in mind in this activity are:

- 1. The child does not know about Corona Virus
- 2. Child is unable to neutrally share positives & negatives about the same topic & gets biased
- 3. The child is shy & feels that he/she will come across as funny & hence, not willing to try the activity
- 4. Child is not in the right mindset while learning

Key coaching tip to excel in this exercise is that educate the child about Corona Virus. Proactively, share both good things & bad things about Corona Virus with the kid.

Good things:

- 1. Papa & mummy are spending more time with the child
- 2. Pollution has reduced on Mother Earth
- 3. Animals who were dying have started to increase
- 4. People have become fitness & health focused
- 5. New hospitals are being made
- 6. Scientists are learning to make new drugs faster

Bad things:

- 1. People with weak immunity are getting infected & some are dying
- 2. People are losing jobs as businesses are impacted
- 3. People are not meeting each other / socializing enough
- 4. People cannot go out to eat food at their favorite restaurant
- 5. People are worried about their health & safety

Key benefits of this exercise are:

- · Improving learners' ability to form balanced, informed arguments and to use reasoning and evidence
- Developing effective speech composition and delivery
- Improving rigorous higher-order and critical thinking skills
- Enhancing the ability to structure and organize thoughts
- Increasing learners' confidence, poise, and self-esteem
- Enhancing learners' analytical, research and note-taking skills
- Providing an engaging, active, learner-centered activity
- · Gaining broad, multi-faceted knowledge cutting across several disciplines outside the learner's normal academic subjects

Entry evaluation guidelines

The maximum point for this activity is 30. Every entry would be rated as either:

- 1. Master (M): 100% score
 - a. The child can debate for both sides logically for 60 seconds each & strongly countering three points from first presentation in second presentation
- 2. Intermediate (I): 80% score
 - a. The child can debate for both sides logically for 60 seconds each & strongly countering two points from first presentation in second presentation
- 3. Beginner (B): 50% score
 - a. The child can debate for both sides logically for 60 seconds each & strongly countering one point from first presentation in second presentation
- 4. Not applicable (NA): 0% score
 - a. All other submission cases
 - b. No submission.

For any queries, you may Whatsapp us at +91-7303755886 or email us at info@kid-ex.com.

About KidEx

KidEx is a company founded by Kapish Saraf & Amritanshu Kumar (IIT Kharagpur & IIM Calcutta alumni). KidEx aims to create a platform to enable holistic & comprehensive development of every child by partnering with their parents in a logistically convenient manner for the parents. KidEx offers multiple extra-curricular activity classes for kids in physical & digital form (basis screen time guidelines) to enable child's holistic development.

Live Classes

Cognitive Development	Physical Development	Language & Communication	Creativity & Imagination
✓ Chess	√ Yoga	✓ English	✓ Guitar
✓ Science (Class 8 to 10)	✓ Bolly-fitness	✓ Mandarin	✓ Film-Making
✓ Chemistry (Class 11 & 12)		✓ French	✓ Fine Arts (Sketching / Painting)
		✓ German	
		✓ Spanish	

Note: Upcoming classes include Academics, Robotics, Coding, Dramatics, multiple Dance & Music, Social Etiquette etc.

Should you be interested in undertaking any of the classes or knowing more about our offerings, kindly reach out to us at +91-7303755886 (call / WhatsApp) or email us at info@kid-ex.com

KidEx will offer all learning solutions to parents under one umbrella. KidEx would soon launch a suite of digital products aimed at making child-raising easier & more fun for parents.

About KidEx Do-It-Yourself National Challenge

The event is an effort to spread awareness regarding *need for all rounded development of the child*. This is also, designed keeping in mind the current external scenarios where lockdown/no lockdown, social distancing practices would continue & schools/colleges might be shut for a few months which would require parents to find non-screen time learning opportunities for the child while demanding lesser time for parents allowing them some breathing space for themselves.

The event is open to all Indian citizens in India or abroad across age groups of 3 to 17 years. Basis the submitted entries, for every age, a leader board would be created & declared.

You may share your entries (video/images) with family (1st circle), relatives & close friends (2nd circle) or acquaintances (3rd circle) as desired by you. Or post the videos on social media (public), if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Prizes & certificates

We will conduct two versions of the event for all interested parents. Parents can decide whether they want their child to participate in the paid version or the free version of the event. Entry charge for paid version of the event is INR 500 for every child.

Paid version participants would be eligible for:

- 1. Prizes for winners across all age category
 - a. Number of winners linked to number of paid version participants
 - b. 50% of registration fees to be distributed as prize to winners
- 2. Winner & participation certificates
- 3. Assessment score for every submitted entry & leader board position summary

Free version participants would be eligible for:

1. Assessment score for every submitted entry

Even participants interested in paid version would be required to pay the amount after 7th May allowing them opportunity to participate first & then, decide.

Important notes:

- 1. Re-submission: KidEx will provide weekly status on Tuesday / Wednesday for all entries made till Sunday midnight of previous week. KidEx DIY aims to inculcate culture of self-learning & 1% improvement every day in each & every child. If you wish to re-submit the entry for any activity to give the kid an opportunity to better her/his performance and aim for M, we would be supportive and do not mind the additional effort on our part to re-do the assessments. Feel free to re-submit the entry.
- **2. Conversion to paid version:** Should you wish to convert to paid participation (Rs 500/- only), or make payment for your paid participation, simply visit https://rzp.io/l/KidExDIY and make the payment by providing your registered email address, mobile number & child name. KidEx team will ensure that your payment is duly recorded & reflected in your participation.
- **3.** Respecting your choice: If you have been registered with KidEx for more than 7 calendar days as unpaid participant and have not submitted even 1 entry, we will respect your choice and will not share challenges with you going forward. Should you wish to re-start receiving challenges, simple make submission for any one challenge or convert to paid participation.
- **4. Unsubscribe option:** Should you wish not to receive DIY events email from KidEx, simple send an email with subject "Unsubscribe" from your registered email address to info@kid-ex.com.