Activity description and self-learning manual

KidEx Do-It-Yourself National Challenge 2020

Activity 28: Record Video of Child Calling out gift he/she would like to give a friend

3-6

Socio-emotional



Ask the child to select 3 friends which the child is closest to

Let the child think through what gift would he/she like to give his/her friend on their next birthday which they would like

Record a video of the child narrating:

- Name of the friend
- What gift would the Child want to give the friend on friend's next birthday?
- Why does the Child think that the friend would like that gift?

The child should do this exercise for 3 friends

Submit the video for 3 narrations as per the guidelines

www.kid-ex.Com

Image source: Vectorstock

Activity: Record video of child calling out gift he/she would like to give a friend | Socio-Emotional | 3 years

Skill development milestone

The child has relationships primarily with family members who are the most important people in the child's life. They develop trust for caregivers who fulfill their needs, such as responding when the child is hungry, wet, etc. They begin to test independence and explore limits, but still seek closeness to primary caregiver. They have an awareness of parent's approval or disapproval of their actions.

The child has mastered the idea of being happy, sad, or angry, but will generally choose to express emotions physically rather than verbally. They express emotions. The child physically demonstrates feelings, such as kissing and hugging to show love and hitting to show anger. They may get upset with major changes in routine. He/she feels ashamed when caught doing the wrong thing.

The child begins to form peer relationships. He/she can name a friend and may show concern for a friend who is sad or upset. They may start to understand the idea of "mine" and "his" or "hers".

Activity description

Ask the child to select 3 friends the child is closest to. Let the child think what gift would the child want to give his/her friends on their next birthday (let the child think one gift for each of the friends). The child can name one of the family members as a friend as well.

When the child has decided, record a video of the child narrating:

- 1. Name of the friend
- 2. What gift would the child want to give that friend on his/her next birthday?
- 3. Why does the child think that the friend receiving the gift would like the gift?

The child can record one video for each of the friends or can record one common video covering each of the three friends. The video should be submitted as an entry as per submission guidelines.

You may share the video with family (1st circle), relatives & close friends (2nd circle) or acquaintances (3rd circle) as desired by you. Or post the videos on social media (public), if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Submission guidelines

- 1. Keep the total video size less than 20 MB
 - a. Higher resolution camera creates large size video files
 - b. Android users can install & use Camera MX player to record smaller size video files
 - i. Camera MX player can be downloaded from here
 - c. Iphone users should change resolution setting by going to Settings -> Camera & selecting lowest resolution from "Record Video" option
- 2. You can upload the video file at https://www.kid-ex.com/diy-nc
- 3. Kindly ensure you have registered for the event for us to assess the submission. If not registered, please visit https://www.kid-ex.com/diy-reg to register.

Self-learning manual

Common mistake and things to keep in mind in this activity are:

- 1. Child is shy
- 2. Child is thinking of gifts the child likes rather than thinking about likes/dislikes if his/her friend
- 3. Child is yet to develop a giving/sharing mindset

Key coaching tip to excel in this exercise is that have fun conversations with the child. You may start up with asking the kid what the child would like to receive as a gift on his/her birthday. Or alternately, propose any gift item as the gift you are planning to get for the kid on his/her next birthday. Let the child share his/her views on what he/she likes or would want to receive as gift.

Then, you can shift from child himself/herself to any other family member/relatives or friends. Ask the child to answer what he/she thinks that person would like to receive as a gift & why.

Ask the child if he/she would like to gift that gift to his/her friend on their next birthday. And then encourage the child to make a promise as to what he/she will do over next 2 to 3 months as an investment to be able to buy/create that gift for his/her friend.

Key benefits of this exercise are:

- 1. Empathy development
- 2. Stronger inter-personal relations
- 3. Perspectives formation
- 4. Better problem solving skills

Entry evaluation guidelines

The maximum point for this activity is 30. Every entry would be rated as either:

- 1. Master (M): 100% score
 - a. The child can narrate the mentioned requirements for 2 friends
- 2. Intermediate (I): 80% score
 - a. The child can narrate the mentioned requirements for 1 friend
- 3. Beginner (B): 50% score
 - a. The child can narrate partially the mentioned requirement for 1 friend

- 4. Not applicable (NA): 0% score
 - a. All other submission cases
 - b. No submission.

For any queries, you may Whatsapp us at +91-7303755886 or email us at info@kid-ex.com.

About KidEx

KidEx is a company founded by Kapish Saraf & Amritanshu Kumar (IIT Kharagpur & IIM Calcutta alumni). KidEx aims to create a platform to enable holistic & comprehensive development of every child by partnering with their parents in a logistically convenient manner for the parents. KidEx offers multiple extra-curricular activity classes for kids in physical & digital form (basis screen time guidelines) to enable child's holistic development.

Live Classes

Cognitive Development	Physical Development	Language & Communication	Creativity & Imagination
✓ Chess	✓ Yoga	✓ English	✓ Guitar
✓ Science (Class 8 to 10)	✓ Bolly-fitness	✓ Mandarin	✓ Film-Making
✓ Chemistry (Class 11 & 12)		✓ French	✓ Fine Arts (Sketching / Painting)
		✓ German	
		✓ Spanish	

Note: Upcoming classes include Academics, Robotics, Coding, Dramatics, multiple Dance & Music, Social Etiquette etc.

Should you be interested in undertaking any of the classes or knowing more about our offerings, kindly reach out to us at +91-7303755886 (call / WhatsApp) or email us at info@kid-ex.com

KidEx will offer all learning solutions to parents under one umbrella. KidEx would soon launch a suite of digital products aimed at making child-raising easier & more fun for parents.

About KidEx Do-It-Yourself National Challenge

The event is an effort to spread awareness regarding *need for all rounded development of the child*. This is also, designed keeping in mind the current external scenarios where lockdown/no lockdown, social distancing practices would continue & schools/colleges might be shut for a few months which would require parents to find non-screen time learning opportunities for the child while demanding lesser time for parents allowing them some breathing space for themselves.

The event is open to all Indian citizens in India or abroad across age groups of 3 to 17 years. Basis the submitted entries, for every age, a leader board would be created & declared.

You may share your entries (video/images) with family (1st circle), relatives & close friends (2nd circle) or acquaintances (3rd circle) as desired by you. Or post the videos on social media (public), if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Prizes & certificates

We will conduct two versions of the event for all interested parents. Parents can decide whether they want their child to participate in the paid version or the free version of the event. Entry charge for paid version of the event is INR 500 for every child.

Paid version participants would be eligible for:

- 1. Prizes for winners across all age category
 - a. Number of winners linked to number of paid version participants
 - b. 50% of registration fees to be distributed as prize to winners
- 2. Winner & participation certificates
- 3. Assessment score for every submitted entry & leader board position summary

Free version participants would be eligible for:

1. Assessment score for every submitted entry

Even participants interested in paid version would be required to pay the amount after 7th May allowing them opportunity to participate first & then, decide.

Important notes:

- **1. Re-submission:** KidEx will provide weekly status on Tuesday / Wednesday for all entries made till Sunday midnight of previous week. KidEx DIY aims to inculcate culture of self-learning & 1% improvement every day in each & every child. If you wish to re-submit the entry for any activity to give the kid an opportunity to better her/his performance and aim for M, we would be supportive and do not mind the additional effort on our part to re-do the assessments. Feel free to re-submit the entry.
- **2. Conversion to paid version:** Should you wish to convert to paid participation (Rs 500/- only), or make payment for your paid participation, simply visit https://rzp.io/l/KidExDIY and make the payment by providing your registered email address, mobile number & child name. KidEx team will ensure that your payment is duly recorded & reflected in your participation.
- **3.** Respecting your choice: If you have been registered with KidEx for more than 7 calendar days as unpaid participant and have not submitted even 1 entry, we will respect your choice and will not share challenges with you going forward. Should you wish to re-start receiving challenges, simple make submission for any one challenge or convert to paid participation.
- **4. Unsubscribe option:** Should you wish not to receive DIY events email from KidEx, simple send an email with subject "Unsubscribe" from your registered email address to info@kid-ex.com.