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# **National All Rounder Championship**

1 May 2021 - 31 July 2021

**Self-Learning Manual: Activity 15** 

**Socio Emotional:** 

**Anti-stereotyping** 

**Age: 15-17 years** 





## **Activity description**

The child should think of at least 5 unique celebrities (e.g., Virat Kohli, Saina Nehwal, Sania Mirza, Salman Khan, Alia Bhatt, Mary Kom, Tiger Shroff etc.). The child should think of a stereotype which comes to the child's mind when the child thinks about fans of each of those celebrities (total of 5 stereotypes). E.g., "All Salman Khan fans are/do/like \_\_\_\_\_\_." Stereotypes may be positive or negative. Remember stereotypes are opinions and not facts (check web resources to understand better).

The child is required to speak with at last 10 friends or family members or relatives or acquaintances to check if they are a fan of any of the chosen celebrities for which the child defined a stereotype & ask them questions to judge for him/herself whether the stereotype is proven wrong or not. The child should continue interviewing people till the time all 5 stereotypes have not been proven wrong.

After all the 5 stereotypes are proven wrong, the child should record a video sharing 5 stereotypes which the child had assumed but were proven to be wrong for at least one person. The child should describe for any 2 stereotypes how did the child ask the questions to someone to test the stereotype & what was the person's reaction to know that the child had a stereotype notion about the person.

Record the video at one go. No video editing or part recordings are allowed. Record the video & submit.

# Assessment guidelines

The total non-bonus points for this activity is 30. Every submission would be rated as either of below.

M = Master (100%) The child can share 5 "wrong" stereotypes & share for 2 stereotypes (1) How did the child test the same & (2) What was the person's reaction. Video 85-90 secs.

The child can share 3 "wrong" stereotypes & share for 1 stereotype (1) How did the child test the same & (2) What was the person's reaction. Video 55-60 secs.

I = Intermediate (80%)

B = Beginner (50%)

The child can share 2 "wrong" stereotypes & share for 1 stereotype (1) How did the child test the same & (2) What was the person's reaction.

For participating in the event & making an event relevant submission which does not meet assessment guidelines for M, I or B.

A = Aspirant (25%)

NA (Not applicable)

No submissions or any submission which is irrelevant for the activity.

<u>50% bonus marks</u>: If the child securing an M can share 7 "wrong" stereotypes & share for 3 stereotypes (1) How did the child test the same & (2) What was the person's reaction in 115-120 secs.



## Expert coach speaks

A stereotype is a generalized belief about a particular category of people. It is an expectation that people might have about every person of a particular group. The type of expectation can vary; it can be, for example, an expectation about the group's personality, preferences, appearance or ability. Stereotypes are sometimes overgeneralized, inaccurate, and resistant to new information, but can sometimes be accurate.

While such generalizations about groups of people may be useful when making quick decisions, they may be erroneous when applied to particular individuals and are among the reasons for prejudice attitudes.



## Key benefits of this activity

The activity benefits in many ways:

- Stereotypes are more often negative hence learning to be objective about them can help avoid misperceptions & being judgemental
- Helps see every individual as unique
- Creates consciousness about own biases
- Makes one a fair & impartial individual
- Promotes equality & meritocracy
- Makes the world a better place

#### Common mistakes to avoid

- Don't confuse stereotypes as only negative
- Don't consider stereotypes to be always bad – it can help under different situations & for different objective functions
- Do not ask questions to anyone in an offending manner while testing the stereotype

#### Useful web resources

- What is Stereotype?
- Explaining stereotypes
- Stereotypes: For teens
- <u>Kids making assumptions about each other</u>
- Threats of stereotypes
- <u>How Hollywood stereotypes Indians?</u>

To submit your entry, visit our website (www.kid-ex.com). For any queries, email us at info@kid-ex.com.

Keep learning! Keep growing! Stay happy! Be successful!