

# KidEx Do-It-Yourself National Challenge 2020

## Activity description and self-learning manual

**Activity: Record video signing 6 phrases in sign language | Language and communication skills | 12 to 17 years**

### Skill development milestone

The child is capable of proofreading homework for spelling, grammar, and logic. They start categorizing information to make better sense of it. They continue to build on ability to communicating effectively in classroom and playground social settings. Their thinking process becomes rational, logical and concrete resulting in improved communication and articulation of thoughts.

They start liking to read non-fiction books and magazines on topics of interest. They respond to media messages and develop increasing ability to analyze those messages.

The child is developing strong likes and dislikes, opinions regarding right and wrong and therefore, he/she may be eager to enter heated arguments and discussions or may seem to communicate less at times. The child is competent to better explain, describe, sum up, and argue. They are capable of intelligent back-and-forth conversations. Many kids especially boys will often fine-tune their identity by picking arguments that help them verbalize their thoughts on moral issues.

The child can express their feelings as well. They may choose to communicate less, with parents at least but they have an opinion and can let you know their opinion if they desire. They learn to speak in longer, more complex sentences. They can adapt their talking style. They use sarcasm and humor as well. Teen tells and writes involved, colorful stories.

They are starting to zero in on body language and tone of voice, and not just what is being said. Teen keenly tunes in to others' verbal and body language and reads facial expressions.

### Activity description

The child is required to communicate 6 phrases in sign language:

- What's up?
- Hey, I want to practice my sign language?
- Please sign slow. I do not understand.
- Let us go out for a walk.
- How is your day?
- I love to eat. What is your favourite cuisine?

The child can use either American Sign Language (ASL) or British Sign Language (BSL). It can be learned with the help of the video given in the self-learning manual.

The child or you can call out the word first and then, the child can communicate the same in the sign language while recording the video. For example, the child or you can say "Hello" and then the child will sign "Hello" in ASL or BSL. Once the child has developed comfort in communicating the words, let the child practice sentences.

Encourage the child to practice this in free time over 2-3 days and whenever the child is confident, please record video of the child completing the given task.

The video should be submitted as an entry as per submission guidelines. You may share the video with family, relatives & close friends as desired by you. Or post the videos on social media, if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

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## Submission guidelines

1. You can record one common video of the child signing the 6 phrases in any sign language of choice
2. Keep the total video size less than 20 MB
  - a. Higher resolution camera creates large size video files
  - b. Android users can install & use Camera MX player to record smaller size video files
    - i. Camera MX player can be downloaded from [here](#)
  - c. Iphone users should change resolution setting by going to Settings -> Camera & selecting lowest resolution from "Record Video" option
3. You can upload the video file at <https://www.kid-ex.com/diy-nc> (if total file size > 20 MB)
4. You can mail the video file to us at [info@kid-ex.com](mailto:info@kid-ex.com) (if total file size < 20 MB)
5. Please mention child's name, registered contact number & activity number in mail subject while submitting the file (Example: Veehan Saraf, 9654138862, Activity 1)
6. Kindly ensure you have registered for the event for us to assess the submission. If not registered, please visit <https://www.kid-ex.com/diy-reg> to register. New registrations allowed till 30<sup>th</sup> May.

## Self-learning manual

Common mistakes child & even adult make in this activity are:

1. Not knowing the importance and benefits of learning sign language.
2. Creating your own version of sign language (like dumb charades) instead of sticking to a standard language.
3. Not having dexterity or flexibility in hands/facial expressions to be able to communicate the message.
4. Getting discouraged by making mistakes. Practice is the key so find ways to not get bored or lose hope.
5. Child is not in the right mindset while learning. They will learn and enjoy the process if they are in a happy mood.

Key coaching tip to excel in this exercise is that help the child learn the importance of the sign language. Ask the child to try & ask for a chocolate or a toy from parents without speaking. Remind the child that when you were speaking over a call, you could communicate in sign language to him/her something which is a skill set to have.

Once the child has formed a strong why to learn, encourage the child to observe the sign language. Call out the word as you are demonstrating the action to help the child internalize the action & associate the same with the word / communication. Do it enough times for the child to register the same.

Encourage the child to show action corresponding to the word once the child has internalized the same. Make this a playing exercise & indulge in the same regularly.

Here are the tutorials for this activity:

- [Video tutorial 1](#)
- [Video tutorial 2](#)

Key benefits of this exercise:

1. Gives your brain a good workout
2. Improves your peripheral vision & reaction time
3. Communicate with babies as they learn gestures before verbal communication
4. Become better at spelling
5. Helps you to become a better listener
6. It can be used all the time e.g. when you are speaking over phone with someone but want to communicate something in parallel to a person in front of you
7. Becomes easier to learn another new language

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8. Improves your body language skills
9. You become more diverse
10. Communicate with animals
11. Boosts your communication skills
12. Introduces you to the issue of deaf awareness & teaches empathy
13. Be able to help when required
14. Introduces you to a new culture & community
15. Meet new people & make new friends

### Entry evaluation guidelines

The maximum point for this activity is 20. Every entry would be rated as either:

1. Master (M): 100% score
  - The child can do all the 6 phrases correctly
2. Intermediate (I): 80% score
  - The child can do 4 phrases correctly
3. Beginner (B): 50% score
  - The child can do 3 phrases correctly
4. Not applicable (NA): 0% score
  - a. All other submission cases
  - b. No submission

For any queries, you may Whatsapp us at +91-7303755886 or email us at [info@kid-ex.com](mailto:info@kid-ex.com).

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## About KidEx

KidEx is a company founded by Kapish Saraf & Amritanshu Kumar (IIT Kharagpur & IIM Calcutta alumnus). KidEx aims to create a platform to enable holistic & comprehensive development of every child by partnering with their parents in a logistically convenient manner for the parents. KidEx offers multiple extra-curricular activity classes for kids in physical & digital form (basis screen time guidelines) to enable child's holistic development. Live classes include: Chess, Arts, Mandarin, Spanish, French, German, Guitar, Movie-Making. Upcoming classes include: Academics, Robotics, Coding, Dramatics, multiple Dance & Music, Social Etiquette etc. KidEx will offer all learning solutions to parents under one umbrella. KidEx would soon launch a suite of digital products aimed at making child-raising easier & more fun for parents.

## About KidEx Do-It-Yourself National Challenge

The event is an effort to spread awareness regarding need for all rounded development of the child. This is also, designed keeping in mind the current external scenarios where lockdown/no lockdown, social distancing practices would continue & schools/colleges might be shut for a few months which would require parents to find non-screen time learning opportunities for the child while demanding lesser time for parents allowing them some breathing space for themselves.

The event is open to all Indian citizens in India or abroad across age groups of 3 to 17 years. Basis the submitted entries, for every age, a leader board would be created & declared.

## Prizes & certificates

We will conduct two versions of the event for all interested parents. Parents can decide whether they want their child to participate in the paid version or the free version of the event. Entry charge for paid version of the event is INR 500 for every child.

Paid version participants would be eligible for:

1. Prizes for winners across all age category
  - a. Number of winners linked to number of paid version participants
  - b. 50% of registration fees to be distributed as prize to winners
2. Winner & participation certificates
3. Assessment score for every submitted entry & leader board position summary

Free version participants would be eligible for:

1. Assessment score for every submitted entry

Even participants interested in paid version would be required to pay the amount after 7<sup>th</sup> May allowing them opportunity to participate first & then, decide.