

KidEx Do-It-Yourself National Challenge 2020

Activity description and self-learning manual

Activity: Record a video of the child telling a story to his/her toys | Social and emotional skills | 3 years

Skill development milestone

The child has relationships primarily with family members who are the most important people in the child's life. They develop trust for caregivers who fulfill their needs, such as responding when the child is hungry, wet, etc. They begin to test independence and explore limits, but still seek closeness to primary caregiver. They have an awareness of parent's approval or disapproval of their actions.

The child has mastered the idea of being happy, sad, or angry, but will generally choose to express emotions physically rather than verbally. They express emotions. The child physically demonstrates feelings, such as kissing and hugging to show love and hitting to show anger. They may get upset with major changes in routine. He/she feels ashamed when caught doing the wrong thing.

The child begins to form peer relationships. He/she can name a friend and may show concern for a friend who is sad or upset. They may start to understand the idea of "mine" and "his" or "hers".

Activity description

The child is required to rehearse communication with his/her toys. The child should place his/her toys close to him/her (either next to him/her or in front of him/her). The child should talk with the toys – either tell a story or show any picture book & call out the pictures, or just tell anything to the toys for a period of 15 seconds!

The toys are the first social companions of the child and this role play is to enable child to socialize with people/objects other than caregivers.

Let the child do this as a playing session for a few days. Whenever you think the child is ready, record a 15-second-long video of the child indulging in this activity. Submit the entry as per the guidelines.

You may share the images with family (1st circle), relatives & close friends (2nd circle) or acquaintances (3rd circle) as desired by you. Or post the videos on social media (public), if you wish, with the hash tag #KidExDIYChallenge or #KidExDIYNationalChallenge.

Submission guidelines

1. You have to send child's video for the activity
2. Keep the total file size less than 20 MB
 - a. Higher resolution camera creates large size video files
 - b. Android users can install & use Camera MX player to record smaller size video files
 - i. Camera MX player can be downloaded from [here](#)
 - c. Iphone users should change resolution setting by going to Settings -> Camera & selecting lowest resolution from "Record Video" option
3. You can upload the file at <https://www.kid-ex.com/diy-nc> (if total file size > 20 MB)
4. You can mail the file(s) to us at info@kid-ex.com (if total file size < 20 MB)
5. Please mention child's name, registered contact number & activity number in mail subject while submitting the file (Example: Veehan Saraf, 9654138862, Activity 1)
6. Kindly ensure you have registered for the event for us to assess the submission. If not registered, please visit <https://www.kid-ex.com/diy-reg> to register. New registrations allowed till 15th May.

Self-learning manual

Common mistakes/challenges in this activity are:

KidEx Do-It-Yourself National Challenge 2020

1. Child is not in the right mindset while playing. They will learn and enjoy the process if they are in a happy mood.
2. Child has been given a script/storyline to follow. A 3-year-old is too young to do that.
3. Child's favorite toy is missing amongst the audience.
4. Child's vocabulary is limited to be able to communicate a lot to the toys.
5. Child is unable to think of topics to speak about.

Key coaching tip for this exercise is that role-play the typical conversation on behalf of the child. Pick the conversation which the child does daily with his/her caregivers at home e.g. did you eat your food? Are you hungry? Do you want to play? What's there? An Elephant" Pick topics which are 2 or 3 sentences long and in the language which the child is most comfortable with. Alternately, give the child a picture book & let the child point out each picture to his/her toys and call out what is the picture about "Cat, Ball, Elephant etc."

Create enthusiasm in the child for the conversation by sharing statements like "Today, the toys are very excited that you will tell them a story, or you will speak with them". Let the child name the toys & refer to one or two toys of the child with it's name.

You may choose a regular spot for such story-telling or conversation session with toys so that the child can play with his toys regularly in that area and automatically remembers this as a play session when he/she is near that area.

Key benefits of this exercise are:

1. The child's bonds with 1-2 toys deepens resulting in initial social skills development.
2. The child understands the idea about communicating in a group.
3. The child's communication skills improve.
4. The child's confidence improves.
5. The child's imagination opens.
6. The child may improvise to demonstrate role-play with toys.

Entry evaluation guidelines

The maximum point for this activity is 10. Every entry would be rated as either:

1. Master (M): 100% score
 - a. The child can engage with the toys for 15 seconds & uses at least 7 words in communication.
2. Intermediate (I): 80% score
 - a. The child can engage with the toys for 10 seconds & uses at least 5 words in communication.
3. Beginner (B): 50% score
 - a. The child can engage with the toys for 10 seconds & uses at least 3 words in communication.
4. Not applicable (NA): 0% score
 - a. All other submission cases.
 - b. No submission.

For any queries, you may Whatsapp us at +91-7303755886 or email us at info@kid-ex.com.

KidEx Do-It-Yourself National Challenge 2020

About KidEx

KidEx is a company founded by Kapish Saraf & Amritanshu Kumar (IIT Kharagpur & IIM Calcutta alumnus). KidEx aims to create a platform to enable holistic & comprehensive development of every child by partnering with their parents in a logistically convenient manner for the parents. KidEx offers multiple extra-curricular activity classes for kids in physical & digital form (basis screen time guidelines) to enable child's holistic development. Live classes include: Chess, Arts, Mandarin, Spanish, French, German, Guitar, Movie-Making. Upcoming classes include: Academics, Robotics, Coding, Dramatics, multiple Dance & Music, Social Etiquette etc. KidEx will offer all learning solutions to parents under one umbrella. KidEx would soon launch a suite of digital products aimed at making child-raising easier & more fun for parents.

About KidEx Do-It-Yourself National Challenge

The event is an effort to spread awareness regarding need for all rounded development of the child. This is also, designed keeping in mind the current external scenarios where lockdown/no lockdown, social distancing practices would continue & schools/colleges might be shut for a few months which would require parents to find non-screen time learning opportunities for the child while demanding lesser time for parents allowing them some breathing space for themselves.

The event is open to all Indian citizens in India or abroad across age groups of 3 to 17 years. Basis the submitted entries, for every age, a leader board would be created & declared.

Prizes & certificates

We will conduct two versions of the event for all interested parents. Parents can decide whether they want their child to participate in the paid version or the free version of the event. Entry charge for paid version of the event is INR 500 for every child.

Paid version participants would be eligible for:

1. Prizes for winners across all age category
 - a. Number of winners linked to number of paid version participants
 - b. 50% of registration fees to be distributed as prize to winners
2. Winner & participation certificates
3. Assessment score for every submitted entry & leader board position summary

Free version participants would be eligible for:

1. Assessment score for every submitted entry

Even participants interested in paid version would be required to pay the amount after 7th May allowing them opportunity to participate first & then, decide.